

Thee and Me

Poetry by Timothy Merrill

For Zenzatsu Baker

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Credits

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Vancouver Island

Here there are no poisonous snakes
And swarms of mosquitoes are rare
Occasionally a wolf will wander
Into the city limits
Of some town and be shot
And there are the cougars
Who travel to the sea for salt
Sometimes they are shot too
As mothers and fathers
Fear for their children
All these legends
And to protect the children
Who ask "why did you have to shoot it?"

Memories

I needed a nice memory

when I met you going out the door of the restaurant my heart sang

an unexpected hug from a woman whom I had secretly adored but was already taken

her eyes happy to see me

the years seem shorter and I as a poet remember the smiles of women

no one is knocking at my door and I with hidden scars and without prospects see people's eyes dancing or somber

for only a few moments perhaps mine danced again

Earth

This globe
This home

Injustices
Good intentions
But to please whom
And what
The weeping goes on
When the spiritualists clash
And more visibly
Countries at war
This thing we call "person"
Ourselves
Others

We can start there As so many have With the same source Christians call this The Father

Returning

For Mae Hill-Brown

I was fifteen long ago And now I am fifteen again

All these summers have come and gone Troubles everywhere

For an hour
As the sun set
Through these troubles countless
I became fifteen again

Meditation
Where they call themselves God

Voices, sickness and hours of hell Came, ringing of a bell I dropped to one knee I rose up Fifteen again

In this civilization And all the din The droning Wheels turning And all of this I was fifteen again

It came about So suddenly

I asked myself to make it stay
So I fell to one knee again
And was silent
I arose
And remembered Van Gogh
And even back when the warning of cigarettes came
And in the din
I was fifteen again

Oh Mae Hill Now I know The meaning of what you said Though you were old

You were so very sweet Like the taste of a peach

But I clutched it too hard And it went away But nothing could change the fact Or any act I was fifteen again

And so had come My first kiss so soft and sweet

And I remembered my first meditation But I couldn't quite buy it

God's child Through the mists of creation And I was fifteen again

And suddenly I felt like the only person alive

Mae Hill passed on and gone Did anyone feel this kind of thing? And so came the ringing of the bell And then all of a sudden Came a compassion Not a mantra nor a technique

But the kind of recognition
One gets compassion for
Man and woman
I was watching a woman trembling
Trying to roll a cigarette
And I was fifteen no more

A Christian perhaps In a home for the mentally ill

And I was typing And I was typing I looked And I was not fifteen Anymore

Untitled

Love is gentle
I look upon women
As dear sisters
We shall work together
And there will be no distance between us
The hard done by
Will find solace
Like a summer breeze
We will be gladdened
By each other

The Original

By the brook or stream
Winding through the grass and mud
Where the lilies grow
Lovers laughing beside the water

In gentleness of high regard In life's autumn.

The masks fall
And a beauty unknown until now
Grows full
Showing its face
As you did
In my arms.

The Sign

Incorporated a town 1886 The sign read A few hundred yards From our home, 1886; The year Lagrande Became a town

The stage coach stopped Behind our house There were tickets sold From the ticket window Of the stone building there

How I loved the mystery
The past
Indians, white men,
Chinese most certainly
Building the railroads
A major junction
At that time
And opium dens
Believed to be
Beneath the town

We lifted manhole covers
To find the tunnels
Nothing but water pipes—
Oh but somewhere
There just had to be
An opening into
A world where the smoky release
Was used
But we went home
Every time
As school buried us in homework
And boys will be boys

Heaven

Mother, it is getting light outside And I think of you

Do not come back
To the house you loved so much
And the garden you tended
In great pain
Dance above
Let your heart be filled with God
There, there is no use counting pennies

I may be wearing rags
When I pass on
Now our earthly land
Is growing light
You may remember
The heron, ducks, and beavers
Through the vista
My father and I made in the forest
Mother, do not come back
There are flowers of light
Where you are going

Before Dawn

All is quiet
The birds are sleeping
The beavers also
And the slow stream below
My father's house
He's sleeping also

I am awake
A quiet beauty has overtaken me
A soft light
To write by
The sun now showing
Outside the window
Still beyond the horizon
But close enough
To shed light
On the vista

The water
And the conifers.
Maybe today
We will see
A red finch
And all manner
Of little birds.
Their little hearts
In God also.

Lilacs

I would like to take
A hand full of lilacs
And throw them in the air
So that they would land on your
Red Irish hair
And then you would tip your head
And let them be washed away
By the wind
And then we would take your scarf
One of us on each end
And fly down the hill
Of waving grass
You and I
My Irish lass

The Role

How can the poet

Write of little birds

And the beaver

Splashing its tail

When so many die

By weapons

By hunger

Even heart break.

But we know death

As a passage

And just now

One little bird

Has begun

A hesitant chirping.

A wall of trees

Making an opening to the water,

Is what my mother planned

And got

The ferns and shrubs

And flowers

Look like they are sleeping

No wind

In the bright silence of the sun

Planet

We are all on the same planet
In the same universe
What's the problem?
All the same species
Men and women
So what's the problem?
There are so many people
Believing they are God's answer
While they hurt each other
Over what?
And there is
Greed and jealousy

What's the problem?
Can't one see
How beautiful it could be

Love Your Neighbour

The Old Days

In the days
When on T.V.
The most risqué thing they showed
Was sanitary style kissing
I was a child
About eight years old

It was in the days of Happy endings And good men

The kiss was saved until the end And unfortunate situations Were rectified Through the miracles Of God, men and women I recall the man Who has lost his memory And his true love Waited patiently For him to remember

My first T.V. tears

And I Love Lucy
Corny jokes and gags
Harmless entertainment
But oh that kiss
I wished that someday
Would happen to me
I was eight years old

The Big Bang

Play, oh you physicist
Your left brain is abundant
And the big bang has become intelligent
Or always was
In that case, what is the difference
Between that and God?
But really
I heard one man
Say he saw the big bang
In everyone's eyes
But while drinking a coke
I saw the beauty so breathtaking
In a woman
That the big bang
Was smothered far below

So let's be hip about this
The big bang must have been beautiful
It must have eventually created
Fruit trees
Tall grass
A man and a woman

So let's get down to the question I'm not in the debating society Wondering which came first The chicken or the egg

It takes courage to say this But it was the chicken

With All

As the sun Touches this side Of the planet All through the day

I find that I am with everyone In some way

Forgive me If I love you But God gave me that

Earth dwellers inc.

Borders are crossed Spiritually and physically For peace or fighting

And the only thing wrong With John Lennon Was that he

Forgot heaven

An Agenda

Drop your mistress. Throw the ball around with your son.

have your country in your heart but all other countries as well

there are good people everywhere know that there is one God

play the role you have been given

and when all is said and done you will rest

Gossip

Gossip runs around
From one person to another
Relationships are broken
Friendships are lost
And for what
Nothing
These little pick-axes
Passed around
And you wonder why
You have no friends
Because you are not spared either
And the person you were talking about
Is now hearing about you

Dove

When the dove disappears from sight And in the silence The clicking of a gun Be conquered by love

It Exists

In chance meeting
On the street
Or coffee bar
You see a one
Whose light
Speaks of eternity

Or in the bustle
Of a crowd
On a street
At noon
When the business people
Look for lunch
You see one looking beyond—
Someone our Father
Has touched
So obviously

The Possibility

Wait in the shadow
Of the Washington monument
Wait in the shade
Of a tree in the forest
Look at the faces
On the crowded sidewalk
Or maybe skip the usual place
And possibly you will find
When expecting or not expecting
Those eyes that know you

Interiors

You can tell the state of a person if you look closely; joy so obvious or pain written across a face

the poor Chinese girl behind the pharmacy counter I had felt the same tension some pain taking over my face once I felt like calling out "don't fret," "everything will be alright," but I could not find the words or be that forward so I left and today I know that pain can be transitory—because one with a sensitive nature can come alive with a smile or with a flower not knowing this woman I hope she has found the peace to let the care soften and beam with a true love

Feminine

You are hurt and I'm beginning to know your greatness women have the qualities of the Divine mother, I am told

trees are falling across the road a great wind has come but I imagine you warm in a cozy dwelling it is for people like you that houses are built

Fatalist

I, a fatalist
At sixteen.
Our hip crew
Drank wine in the forest
Near the golf course
Instead of our classes

But most of us
Turned respectable
And oddly enough
There were
Love affairs
And later marriages
Babies to feed
Finally our ragged hearts rested

Forms of Seeking

When the lilacs Return in Spring

When the geese May again be seen

When the restless teenager Begins to calm down

All the possibilities love holds

And the young children Scurry to playing fields With no inkling Of the one sustaining

The stock market is clattering And nervous fortune seekers Believe that a bonanza Is just around the corner

Stop and think Realize What was given

Unsaid

Some poems are waiting to be said
But I won't say them
Some songs are waiting to be sung
But I won't sing them
Some truths are waiting to be pontificated upon
But I won't utter them

I am not a guru

And backlash hurts my soul So I will write quietly

But consider this

They say if you say it You lose it And it's so true Unless it is written indelibly On your heart

Friend

my young friend
wise beyond her years
tough as Iron
soft as a feather
when we meet
I feel I am looking at
an ageless beauty
a caregiver
she fits
her job description
a sister
as a Christian might say
this friend
I am lucky to have

Echoes of a Heart Forgotten

come impressions before the medications the mantras

I do not begrudge all of it

and sometimes one has to forgive their doctor

but still I remember my first kiss

the awe the wonder the sweetness

Mending

As the hummingbird Hovers to drink the sweetness of flower

As the hyacinth drinks deeply Of the spring rain

As the moon glows over here Two moon children

As love comes in Where love went out

You have mended A heart where I look But could not find Anything to soothe The stone hidden there

Your voice like a symphony Of little bells Returned to me To the land Of living hearts

Though

Though
You make me feel unworthy
Your sense of humor
Your wit
I feel my heart open
In wonder
At meeting one another

Like a school boy I feel giddy in your presence And I am Today a fountain of love At the thought of you

Mood

Raindrops how they seem to set a mood

cars through the rain on the way home and home is where the heart is they say but possibly you carry it with you

even when loved ones aren't present you see people hear people who seem as if you have always known them—and a smile can save a bad day genuinely friendly these things go on and you return a smile from the heart until the universe becomes your friend

these things go on try to be genuine and give a smile from the heart

Giving

I know of a shop
That is part of the recycling depot
One dollar for a plastic bag full
Of useful items
And behind the counter
The classy items
For a dollar or two more

I shop for my friends For things like An old brass kettle A blown glass vase And what appears to be A shaman's medicine bag

I go there often Thinking of people I know Renouncing greed One dollar at a time

War

The wars and religions
For a time
Conceal
The innocent babes
We once were
And for all the battles exhortations
And cries
At home a mother
Suckles a baby
From when her soldier
And she lay in a brief respite
From the grim days of waiting for
Her fighting man
Probable lesser men in power
Have made the army suffer

Love's last call
For the man
Whose body a bullet caught

And who is to know
The final thought
This babe grown to manhood
Dying for nothing

Because who can say
Among the array of men pitted
Against one another
That there may be a circumstance
When two good men
May face each other
One must die

Woman

Well, here we are together My respect for you is boundless

Never mind the arguments You are magic to men But the final line Is something more important

Aside from money, fame or fortune In this world of danger And misunderstanding Just because there are two Doesn't mean there can't be one

Strengths and...

The jackhammer operator knows it The preacher, jubilant After his first day, knows it

The boy who has won the game With a last second basket knows it But the girl who likes him Turns away When the report of the game Is told in classroom

Because she doesn't want to share him Or think he is Any better Than she is

Seeing Beauty

Those trees
That woman with the baby carriage
That young Native stock shelver
That young woman with the revealing new style
Even the car towing man
Are calling
'Here am I' they say
'Know me' they whisper
As I await my change

The traffic marks our age We think great progress But inventions are Made from the Earth We trod on And there are more Where that came from From the Internet Right to Google These things we are doing Idea upon idea Still the young people protest And play a different string Many of them stoned But stoned Wake up in the morning To a new possibility

The Exam

My name is Timothy
Friction did not create
The universe (cosmic dust, etc.).
How can intelligence
Grow from dust?
The answer is
It would more likely
Create static than harmony.

The neighbor Is using a table saw (Created by ideas) To renovate his home

I love this man
Because he is my brother
I also feel kinship
Because I too
Have worked with wood

I watch him Thinking about What he is doing for his family

Here

Jesus asked his persecutors If they did not believe he could call forth legions of angels

now, we like the idea of these angels we want to meet one

and on a crowded street or in a food store we may pass a man or woman equal to an angel and not know it

I once wrote of a bank teller an East Indian woman when she looked at me I knew instantly That she knew me such a small extraordinary event

Those Two

Despite the past dear Eve,
Great, great, great, etc. Grandmother
I still like you
And as my father would say
I'm sure there are a few of her molecules in me
Science aside, I am sitting here wondering
About the serpent that uncoils
Causing the sex instinct

Is it supposed to happen or not
Now a mother
It didn't take long
To bite that fruit
And for some reason
We have these organs
Below the waist
But it is said
We were meant to reproduce telepathically

And Adam
Well
No one wants to see their mate
Trotting into the distance
Alone with a great big duality
So why the clothing?
Am I stepping on God's toes?
Were they meant to create angels?
Or delicate babies of flesh?
Either way he still wants us
To return to him

Butterfly

I know you

Are short lived

But you flutter

Here and there:

The suggestion of freedom

You bring wonder

To a child

Alighting on a flower

Quivering so gently

And now I see

Why my mother's life

Was here gardening

Digging

And rearranging

Life like a living room

And this living space

For a flower

Oh mother

I hope you are free

Like the butterfly

The Monarch the Tiger Swallowtail

And the children of friends

May they run and laugh

But never catch them

New Buds

Your voice like chimes
Rung in my ear
As we talked over the phone
Daffodils
Leaped into my hand
But I could not pass them
To you
And so
And so I listened to that note
As you told me I existed
And bridges that had crumbled
Were rebuilt
And the flowers came from heaven
Came from beauty
Came from life

The sorrow
Was not that I was not loved
But that
Autumn leaves
Fell many times
As love
That was once lost
And now it is spring
And there are new buds on a tree
That could be called
"Friend"

Overlap

Oh woman know that I think You're fine

but when this comparing begins barriers are built

interesting but useless data and sex crimes in the news that can only be forgotten

but woman,
I walk the fine line
even mentioning differences

what you really are is lovable aside from the skills intelligence and yearning for love as the male does

Ego Overhaul

I look at the night sky
Stars, planets, and the moon for
I know they all have inner lives
This vista hides
A more beautiful vista
The colors present
In lesser or further degrees
This is as far as I go
With the fireworks
All these lives
Are important to God
Help is the answer:
Your fellow earthling

He/she needs help too See without making yourself Too important And our heart gets bigger And your ego smaller And love can enter

I Don't Know

I don't know
If I should talk today
Hoping for something Beautiful:
Someone—

I have been separated From my brothers and sisters By self-pity But soon I feel a little lucky And at home in Canada

This planet
Can be a rough place
I am not lying on the desert floor
With a bullet hole
In my chest
Blood seeping from me

In North America We wouldn't Even like their weather

That's all

No Prophet Here

I've never been Good at looking into The future But the past... I gaze at India and wonder

They do not use guns
For their deeply divided
Approaches to the almighty
Some say he is
An undifferentiated field
And some say Krishna has four arms

I am tired Tired as a child After all this bickering

The Work on Love

Meditate a little look in you are God's child here we are a room full of brothers and sisters and beyond these confines this understanding crosses all borders brings tender regard where suspicion dwelled

Give Credit

It's significant
That man and woman
Have each other

It's significant
That there is human intelligence
And things are made from the earth
With the minds we are given

It's significant that we can see And that there are Things to look at

It's significant
That our involuntary functions
Go on
Without any help from us

It's important to give credit Where credit is due

Could Be Better

We were born into a world Of sustenance So we ate.

So we eat
But millions are suffering
And everyone has their life story
And many go hungry
But we are a part of the universe
And reflecting it

When they ask
How many trees
I was responsible for
How many did I cut down
I ask what are they living in
A wooden house, maybe?

We are born
Learning the baby food
Learning to walk
Wanting the affirmation of cuddling
Some more
Some less
Our life stories begin
Great suffering
Or relatively easy
We may roll in the sun
Or search for coolness

The Rug

The used rug I got
For ten dollars
At the recycling depot
Is bright and cheery
Orange, crimson, and yellow
Has transformed the room
But when all is said and done
It is not
What I am searching for
Lord it is you

Spring

Oh sweet spring

Fragrances intermingle Even wet concrete smells sweet Teenagers plotting rebellious Get togethers

Yes, these are years that make or break.
Wine in the woods
Or books at home.
And everything
Between.
But there is nothing to say
The 'bad' boys and girls
Often come to their senses
And the boys and girls
Busy studying

The years
May mellow most
And all of a sudden
Everybody is wearing
The same kind of thing.

The Horse

the eyes of a horse an ancient white mare standing alone in the rain in the autumn rain

seasons have gone by four seasons for each of twenty some years and she has ridden no more

in the rain Cleo, her owner named her there is no shelter

the eyes of a horse ancient now patient

a mystery somehow as the rain makes fragrant the field of grass Cleo; her name

rest Cleo rest

A Time for Penguins

in my room
I have a gift
from a friend
a picture of two penguins
mother and babe
baby standing on mother's feet
and mother bending
to touch, beak to beak

there is nothing much more to say except that the penguin, endearing little animals have a place in my heart

on the wind-swept ice conditions rarely known by humans they waddle not stupidly but with a will to live in bitter cold animal love to behold

How So

Though believing in God,
I took astronomy,
and was told that the creation
of the solar system began with
cosmic dust colliding
then heating up and spinning
attracting more dust
until finally
we had a sun

but a gentle heart and unconditional love is a better hint about our creation

Privileged

I see God in you consciousness so deep that I see no end

let me buy you a cup of tea

or we could go to the beach and watch the waves come in

so deep you seem it's a wonder that you bother to talk

let's dance for a while to an old ballad that you like

let's dance for a while

Mother

It was a day something like this a heavy snow had fallen and mother, father and I traipsed through this cathedral on their land evergreen branches bending with snow and icicles and I with a feeling that this was a time to remember

joyously mother threw snow at us I, now older than she was then happy as a lamb

but as the years went by bitterness slipped into her speech

and I, forgetting the pain that she carried with her every day grateful for any sleep that would stifle the pain

and as her speech grew hard I asked her why she was bitter after some thought she asked me to forgive my fractious mother

her winters were few after that and finally in an oxygen tent I leaned to whisper to her that there were no hard feelings and hoping that there were none with her and we exchanged our last hug knowing it was goodbye

A Meeting

Watching the cow and the cat named "Fiddle" touch noses long ago, the waving grass stood still the maple trees of leaves came to attention and an apple fell off a nearby tree.

A meeting of animals thought to be less than brilliant but you know this large creature and the smaller one performed a little détente

For Us

Flowers in profusion Soothe the eyes Practically hypnotized In a good way

Red, yellow, orange vermilion The growing of a flower Is explained Nutrients from the earth Pollinated by bees Veins, etc.

But the explanation Is not the reality They will grow No matter what You say about them

The austere room
Where my mother
Kept bulbs in winter
Taking them from the ground in fall
That once planted
Would simply grow
Again
As my mother helped with water
The power of God
Running the universe
Taking time to make things beautiful
These delicate petals
For us

Friendly

I always wanted
To make friends
With a wild bird
Today a rosy finch
Has somehow entered the house
Wildly it thrashes at the window
Which was sealed shut
Of course
I sat quietly at a table nearby
And tried to let it
Get used to me

Oh what fear and longing
That little bird must have had
Finally after more thrashing
It sat on the window sill quietly
Maybe thinking I was its best bet

After all

It allowed me to cup it in my hand Gently I petted its rosy head with my thumb Took it to the door Then let it fly to freedom Oh freedom I once knew the feeling too

For the Schizophrenic

As the years go by
We glance at our faces in the mirror
And though the years take their toll
Often we feel
Like we did in our youth
The scars of bruised hearts healing
In the long years
Whereas Buddha called one life
"a few moments"
When looking back

Hearing a voice of Eternal Simply say God's world Or think it And the dark shadows of trees Change back to play With wind and sun And passing the playground All the merry children Are living their stories Whose parents are their love Treat them with kindness Unformed, they do not know There will be problems and answers Money for their upkeep And concern for their safety

The Sports Page

So
And so the sunlight comes
Dominating this place
Of what is called the west
This island
That is occupied
Above the vault line
And the scientist says
We are due for an earthquake
But in their diaries
They add up the number that has been
And find the law of averages

But when my hero
Willie Mays
I had the good fortune to watch
In the very park where he played
Where he could hit any pitch
Any pitcher threw

And it is more difficult
To hit a curve ball
Than to proclaim impending doom

Zen and the Last Walk

Near the end I said "fifteen for two" (cribbage) He would win anyway So we put the cards asiade

He said "How about a walk?"
"cane?" I asked
"No"
and so we proceeded out the door
he walked very carefully
on two artificial hips

the silence was sweet and sad we walked maybe fifty yards full of undefined words

he looked at me and his blue-gray eyes seemed more blue than usual

we entered the house and sat down again at the dining table a little smile came to the corner of his mouth "cut for a deal" we cut "Me first?" he said

he was eighty six

Golden signal

One day,
Fuming about the world's situation
A beam of golden light
Touched my head
And for a time
I turned off the news
Because though we are beset
The universe is a friendly place
The news
And horrifying television shows
Seem to tell us
A different story
But it's not all thus
Good acts are a daily event
Recognize your brothers and sisters

A Beloved

Because bullets are flying because children are starving because our leaders are suspected I had better be a good poet

Because 15 young hockey players died in a bus crash because floods are making people homeless in India because animals that make our lives colorful are going extinct I had better be a good poet

because our young people's music is becoming mindless because people are sleeping under buildings I had better be a good poet

because I became a hippy instead of following a dream because I made a fool out of myself too often because I let you slip through my fingers because we come into life naked and leave naked

I had better be a good poet

The Muse

This muse this awkward child this father this mother made of brilliant sunsets and broken hearts—this thing of beauty deep within

when did it start
this thing that makes the heart move
spiced with joy or sorrow
this touchdown dance
this lying in the gutter

it speaks of wide-eyed little lambs the terror and pain of war and of one's own life

why this writing it? for whose sake so important

leaves are whirling in the yard little birds have taken to shelter the horse stands stoically the rain beginning to fall

Ocean

The leaves and branches across the way are flowing and dancing dancing and flowing

and the dresses of the women at the dance are dancing and flowing flowing and dancing

and the long hair of the boy on the scooter is flowing and dancing dancing and flowing

Do you still think of me? and the boy and girl walking home holding hands gently seeming to say in their hearts quietly will you be mine? they seem to say

on the river on its way to the sea dancing and flowing flowing and dancing

Timothy Merrill has had a wide range of jobs, including photojournalist, copy reader, editor, ferryman, and carpenter. Today, his work in poetry explores the mystery behind the oneness of all life.

In these poems about relationships, realizations, and love, Timothy shows us in *Thee and Me* that we are related, in all our doings and in our very blood. Timothy explores his belief that God is present in all things, and that He glories in us when we discover the powerful beauty with which we are surrounded.

Timothy's first solo book of poetry, *In Bare Apple Boughs*, was published in 1982 by Fiddlehead Poetry Books. Other collections followed, and Homeostasis Press published his most recent book, *A Quiet Calling*, in 2009.

In September 2009, "Take Five" magazine reviewed A Quiet Calling:

His writing buoys him. He speaks of language.
Now that we have language, he says,
"from the heart
it can save us —
that we all
aren't so different"

Thee and Me continues to dig deeper into what feeds the human heart.

